

# Most Needed Items

SHELF-STABLE 1% OR 2% MILK  
ALTERNATIVE MILKS (ALMOND, SOY, OAT)  
NON-SUGARY CEREAL (CHEERIOS, RAISIN BRAN)  
GLUTEN-FREE CEREAL & PASTA  
OLIVE/VEGETABLE OIL  
CANNED FRUITS (PINEAPPLE, PEACH, ORANGE)  
CANNED VEGGIES  
RICE (1-2LB BAGS)

## HYGIENE PRODUCTS:

TOOTHPASTE  
PAPER TOWELS  
TOILET PAPER  
GARBAGE BAGS



Please avoid:  
High-sugar cereals  
Fruits packed in syrup  
Glass jars

[pantry\\_run@newark.rutgers.edu](mailto:pantry_run@newark.rutgers.edu)